

# Red Light Therapy Panels For Full Body Treatment

## Far reaching benefits

PANEL SIZE AVAILABILITY	600 WATT   1000 WATT   1500 WATT
LIGHT LIFESPAN	50 000-Hours
COMFORTABILITY	Remote controlled, built in cooling fans
OPTIONS AVAILABLE	Wall hanging   Floor standing

SPECIFICATIONS

### What is red light therapy?

Red light therapy (RLT) is a treatment that may help skin, muscle tissue, and other parts of your body heal. It exposes you to low levels of red or near-infrared light. Infrared light is a type of energy your eyes cannot see but your body can feel as heat. Red light is similar to infrared, but you can see it. Red light therapy is also called low-level laser therapy (LLLT), low-power laser therapy (LPLT), and photobiomodulation (PBM). With red light therapy, you expose your skin to a lamp, device, or laser with a red light.

A part of your cells called mitochondria, sometimes called the "power generators" of your cells, soaks it up and makes more energy. Some experts think this helps cells repair themselves and become healthier. This spurs healing in skin and muscle tissue. Red light therapy uses photobiomodulation, which is a low-level laser therapy that delivers red and near-infrared light to areas of your body. Regular use is even encouraged to achieve the best results. Red light therapy, in particular, responds well to multiple weekly uses and does not harm the skin.

In general, it is recommended to start with a few sessions per week and gradually increase the frequency as tolerated. For most conditions, three sessions per day for 20 minutes each can be sufficient to achieve significant benefits.

### Why should you use it?

**Beauty benefits** By improving cellular function, red light therapy has been shown to increase the production of collagen [and] help with skin tone and texture as well as fine lines and wrinkles. Red light therapy uses LED lights to penetrate our skin and boost circulation. This increased blood flow can help break up cells responsible for cellulite and also helps increase collagen production, resulting in firmer, smoother skin. Excellent for scars and stretch marks.

**Healing benefits** The wavelength of near-infrared light (730nm - 850nm) penetrates deeper into tissue to transfer energy to the body's cells, and through bone to aid in the healing of deep wounds, muscle aches, joint discomfort, or nerve injury including excellent bruise healing qualities.

**Osteoarthritis** Red and infrared light therapy cut osteoarthritis-related pain by more than 50%.

### How to use:

Apply the light from 10 - 40 cm away from your body, exposure to each area for 10 -25 minutes, depending on the distance, this can be repeated 5 times a week until results are felt. LED red light device can be applied to any area of the body, except the eyes. **Please use protective goggles received with the product.**

Energise your cells with pure  
Red Light energy

600 Watt	R14 000.00
1000 Watt	R19 800.00
1500 Watt	R24 500.00

